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Leah Goodnight, Director of Marketing
Darah Whyte, Marketing Manager
publicrelations@theumstead.com; (919) 447-4125

Hérons named Restaurant of the Year

Cary, North Carolina, January 19, 2010 – Herons, the signature restaurant of The Umstead Hotel and Spa, has been selected as the Restaurant of the Year by Food Editor of the News & Observer Greg Cox. Topping his list of the 2010 Best Restaurants in the Triangle, Cox enthusiastically raves that Herons has “taken flight”.

This comes just three weeks since Greg Cox released a review of Executive Chef Scott Crawford’s cuisine in his first ever five star rating since the one-to-five star rating system was implemented in 2007.

“...Executive chef Scott Crawford, who came to Herons last year after earning national recognition at luxury resorts in Georgia and South Carolina, has quickly earned a place among North Carolina's culinary elite,” says Greg Cox.

Link to the News & Observer article: <http://www.newsobserver.com/life/story/282749.html>

The Umstead Hotel and Spa (www.theumstead.com) is nestled against a beautiful three-acre lake, steps away from walking and jogging trails as well as The Umstead State Park. The 150 oversized guest rooms include luxurious furnishings and signature amenities. Adjacent to the hotel, the plush Umstead Spa features the finest treatment rooms, a meditation courtyard and more. The celebrated food and wine program and cuisine of new Executive Chef Scott Crawford are featured in the signature restaurant, Herons, and throughout the hotel. The independently owned and operated Umstead Hotel and Spa is North Carolina’s first full service hotel to receive AAA’s coveted Five-Diamond Award and is a Forbes Five-Star rated property, a member of Leading Hotels of the World and Leading Spas of the World. For reservations and information, call toll-free at 1-866-877-4141.

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