

FOR IMMEDIATE RELEASE:

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## **Chef Scott Crawford to host North Carolina Chefs in Herons at The Umstead Hotel and Spa**

Cary, North Carolina, April 20, 2010 - Executive Chef Scott Crawford will host three of the regions best chefs on May 17<sup>th</sup>. Ashley Christensen from Poole's Diner in Raleigh, NC, Jim Anile from Revolution Restaurant in Durham, NC and Vivian Howard from Chef & The Farmer in Kinston, NC will each create one of the evening's five courses. The Umstead's Pastry Chef Daniel Benjamin will prepare the dessert course. Crawford, who is looking forward to collaborating with these talented, hand-picked chefs, has asked each to prepare a dish using one of their favorite local ingredients for this special wine-paired chef's tasting dinner this Spring.

A generous portion of the evening's proceeds will be gifted to The Lucy Daniels Center for Early Childhood in Cary, North Carolina. The Center is the largest and most comprehensive nonprofit organization devoted to promoting the healthy emotional development of young children in the North Carolina Triangle region, serving about 700 children and their families annually. For more information about The Center visit [www.lucydanielscenter.com](http://www.lucydanielscenter.com). The Umstead Hotel and Spa and Herons are thrilled to be partnering with this organization for this special evening.

Chef Crawford invites guests to join him along with his guest chefs for cocktails on the terrace at 6:30pm for a unique opportunity to meet the chefs prior to dinner which will be served at 7:00 in Herons. Five-course dinner including wine pairings, \$110 per person; Limited seating; for reservations, please contact 919-447-4200 or visit [www.theumstead.com](http://www.theumstead.com).

**The Umstead Hotel and Spa** ([www.theumstead.com](http://www.theumstead.com)) is nestled against a beautiful three-acre lake, steps away from walking and jogging trails as well as The Umstead State Park. The 150 oversized guest rooms include luxurious furnishings and signature amenities. Adjacent to the hotel, the plush Umstead Spa features the finest treatment rooms, a meditation courtyard and more. The celebrated food and wine program and cuisine of new Executive Chef Scott Crawford are featured in the signature restaurant, Herons, and throughout the hotel. The independently owned and operated Umstead Hotel and Spa is North Carolina's first full service hotel to receive AAA's coveted Five-Diamond Award and is a Forbes Five-Star rated property, a member of Leading Hotels of the World and Leading Spas of the World. For reservations and information, call toll-free at 1-866-877-4141.

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