

fruit & salads

y o g u r t p a r f a i t

panna cotta, blueberry compote, almonds, housemade granola
8

a ç a í b o w l

chia seeds, coconut, bee pollen, strawberry, banana, manuka
10

y o u n g l e t t u c e s

asparagus, snow pea, pickled onions, peanuts, benne seed
10

k a l e s a l a d

shrimp, oranges, barley, fennel, pancetta, parmesan, basil
19

t u n a r i c e b o w l *

sesame, cucumber, radish, scallion, bamboo rice, quail egg
13

eggs

t w o f a r m e g g s *

roasted fingerling potatoes, choice of breakfast meat
14

e n g l i s h p e a t o a s t *

62 degree egg, fromage blanc, english peas, lemon, mint
13

c r a b b e n e d i c t *

blue crab, canadian bacon, english muffin, hollandaise
18

e g g w h i t e o m e l e t

cremini, portobello, & oyster mushrooms, field greens
15

h e r o n s f e a t u r e d o m e l e t

roasted potatoes, seasonal ingredients, local cheese
15

shareables

fresh fruit plate
truffle potato tots
duck confit croquettes
9

sweet breads

warm doughnuts
crumb cake
nutella rolls
8

specialties

b r a v a s p o t a t o h a s h *
 sunny-side egg, chicken, tomato, onion, arugula
 16

s m o k e d s a l m o n
 everything bagel, cream cheese, red onion, capers, dill
 16

s u p e r o a t s
 goji berries, raw almonds, cocoa nibs, blueberries, cinnamon
 12

o l d - f a s h i o n e d p a n c a k e s
 traditional, blueberry, chocolate chip, banana, maple syrup
 12

b r i o c h e f r e n c h t o a s t
 seasonal marmalade, toasted almond crumb, vanilla cream
 12

c h i c k e n & w a f f l e s
 fried chicken, sweet potato waffle, pecan butter, honey
 17

s h r i m p & g r i t s *
 tasso ham, cheddar, crispy egg, cremini mushroom jus
 19

t h e t r u f f l e b u r g e r *
 fried egg, bacon, truffle cheese, aioli, bibb, herb fries
 18

s t e a k & e g g s *
 new york strip, two farm eggs, house fries, steak sauce
 22

breakfast meats

turkey bacon
 pork sausage
 smoked bacon
 chicken-apple sausage
 north carolina country ham
 6

sides

fresh fruit
 roasted potatoes
 skillet cornbread
 buttermilk biscuits
 buttered local grits
 5

*May be cooked to order. May be served raw or undercooked or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.