

fruit & salads

y o g u r t & g r a n o l a

house made granola, greek yogurt, blueberry compote

8

y o u n g l e t t u c e s

country ham, locatelli, strawberries, almond vinaigrette

10

s h r i m p s a l a d

kale, raisins, barley, fennel, pancetta, garlic-basil dressing

19

t u n a n i ç o i s e *

olives, deviled egg, green beans, farm lettuce, vinaigrette

19

eggs

t w o f a r m e g g s *

roasted potatoes, choice of breakfast meat, basil-tomato

14

6 2 d e g r e e e g g *

pickled field peas, country ham, anson mills grits

13

c r a b b e n e d i c t *

canadian bacon, english muffin, choron hollandaise

17

e g g w h i t e o m e l e t

cremini, portobello, & oyster mushrooms, field greens

15

h e r o n s f e a t u r e d o m e l e t

roasted potatoes, seasonal ingredients, local cheese

15

shareables

fresh sliced fruit

truffle potato tots

deviled eggs

duck confit croquettes

9

sweet breads

warm doughnuts

crumb cake

nutella rolls

8

specialties

h o t s m o k e d s a l m o n
 scallion pancakes, tamari-mustard glaze, benne seeds
 16

o l d - f a s h i o n e d p a n c a k e s
 traditional, blueberry, chocolate chip, banana, maple syrup
 11

b r i o c h e f r e n c h t o a s t
 seasonal marmalade, almond toasted crumb, vanilla cream
 12

c h i c k e n & w a f f l e s
 pickle-fried chicken, sweet potato waffle, pecan, honey
 18

s h r i m p & g r i t s *
 tasso ham, calvander, crispy egg, cremini mushroom jus
 19

t h e u m s t e a d b u r g e r *
 vine ripened tomatoes, pickles, choice of cheese, herb fries
 18

s t e a k & e g g s *
 new york strip, two farm eggs, house fries, steak sauce
 22

breakfast meats

turkey bacon
 pork sausage
 smoked bacon
 chicken-apple sausage
 north carolina country ham
 5

sides

fresh fruit
 roasted potatoes
 skillet cornbread
 buttermilk biscuits
 buttered local grits
 5

*May be cooked to order. May be served raw or undercooked or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness