

A RECIPE FROM HERONS KITCHEN

AVOCADO PUREE

YIELDS: 6 SERVINGS

- 3 EA. AVOCADO
- 3 EA. LIMES
- 2OZ. HEAVY CREAM
- KOSHER SALT, TO TASTE

METHOD:

REMOVE THE PIT AND FLESH FROM THE AVOCADO AND PLACE IT INTO A BLENDER. ADD THE LIMES AND HEAVY CREAM TO THE BLENDER. PUREE THE MIXTURE ON HIGH UNTIL SMOOTH. PASS THE PUREE THROUGH A FINE SIEVE. SEASON THE PUREE WITH SALT TO TASTE.